

Loveland Sweetheart

February 19th-21st, 2010

HOSTED BY: Loveland Swim Club

Held under the sanction of USA Swimming **2010-025**

LOCATION: Mountain View Aquatic Center, 3560 Mountain Lion Drive, Loveland, CO 80537, 970-613-7880

Pool Directions: I-25 to Loveland. Exit HWY 34 West. Turn left (south) on to Boyd Lake Blvd. and right (west) on to Mountain Lion Drive. Turn left into the Mountain View High School parking lot. The swimming facility is located at the south end of the parking lot.

FACILITIES: Indoor, 25 yard pool with eight deep water lanes. Additional warm-up and warm-down lanes are available. **NO SMOKING ON SCHOOL GROUNDS.** The competitions course has not been certified in accordance with 104.2.2C (4).

TIMING: Colorado Timing System with touch-pads and full matrix LED display.

RULES: Current USA rules will apply. The meet referee will have final authority on all matters related to the meet. Coaches and parents will be responsible for the behavior and safety of their swimmers and their families. Teams will be held responsible for any damage to the school. Positive sportsman-like conduct will be expected.

ELIGIBILITY: Open to all swimmers holding a 2010 USA Swimming membership. Any swimmer that appears on the CSI exception report without registration must come to the meet prepared to show their card or they will be deck registered before they can enter the water. Age group will be determined by the swimmer's age on February 19th. All deck entries must present proof of current registration.

EVENTS: Swimmers may enter up to 4 Events per Day, excluding relays. Coaches, the longer events (200's of stroke for 12 & Under, 400 and longer events for all age groups – these events are marked with an asterisk*) are offered for swimmers with experience. Please do not enter a swimmer in these events unless they have a "B" time standard in the shorter event.

This meet will be **pre-seeded for all Saturday and Sunday Sessions**, except for races 200 yards and longer which will require positive check-in. Positive check-in is required for those events, swimmers must check in to be seeded. Failure to check in may result in not being allowed to swim if there are no empty lanes. Additional entries will close thirty minutes before the start of the session.

Distance events will be seeded alternating girls and boys heats, fastest to slowest. Distance events may be combined (scored separately) to reduce the number of heats. Swimmers must bring their own volunteer counter and timer for distance events. We will be following the four hour rule and will limit the distance events (400 yards and longer) if needed. Teams will be notified at least four days in advance of any changes.

ENTRY PROCEDURE:

- A. Computer entries, prepared using Hy-Tek software. **THIS IS THE ENTRY METHOD OF PREFERENCE.** This can be emailed or mailed. Your team is responsible for the accuracy of the electronic entries. A team manager events file will be on the Loveland Swim Club web site www.lovelandswimclub.com, 4 weeks prior to the meet to assist teams with the entry process.
- B. Hard copy of your Hy-Tek Data including entries listed by name and Hy-Tek Fees report. This is due with team check by the entry due date.
- C. CSI Meet verification forms are due with your entry.
- D. Any team entering 5 or more swimmers must enter on HY-TEK or pay a \$25 fee.
- E. A psych sheet will be posted on the Loveland Swim Club web site www.lovelandswimclub.com 1 week prior to the meet to help correct any entry errors. Teams will be given 48 hours to send in corrections. A final psych sheet will be posted 48 hours prior to the meet.
- F. Teams will be notified on Wednesday, February 11th on more accurate start times based on final team entries.

FEES: Individual Events: \$3.60 per event (\$.60 of each individual event goes to the CSI Support Fund)

POOL SURCHARGE: \$5.00 per swimmer

ENTRY DEADLINE: ONE CHECK PER TEAM, PAYABLE TO: LOVELAND SWIM CLUB – please include the Hy-Tek Fees Report. **Entries must be received by our entry chairman by Friday, January 29th.** All mail will be prioritized by date and time received. Do not send entries that require a signature! **THIS MEET IS LIMITED SUCH THAT EACH OF THE SESSIONS DO NOT EXCEED 3 ½ HOURS.**

Mail or deliver entries to:

lovelandentries@msn.com

3 Gregg Drive

Loveland, CO 80538

970-980-1994

Do not send entries that require a signature. All entries received after entry deadline may be accepted at the discretion of the Meet Director or Meet Referee at \$5.00 per event plus Pool Surcharge.

Deck entries close 30 minutes prior to the start of the session. Deck entries for the following distance events (1000 Free, 500 Free and 400 IM) are done conditionally such that there are no additional heats created. Conditional entries will be placed into available heats and lanes for the distance events once those events have been seeded.

SCORING: Individual events: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1 for 13-14 and Senior Events.

AWARDS:

All 12 & under and 10 & under individual events will be awarded in two categories.

1. Category one is swimmers entered at or faster than the State Qualifying time in the event.

2. Category two is swimmers entered slower than the State Qualifying time in the event.

Each category will be awarded medals places 1-3 and ribbons places 4-8 for individual events. Swimmers can get their awards after results for individual events are announced. There are no high point awards in these age groups.

Swimmers entered in 8 & Under events will be awarded medals for places 1-3 and ribbons for places 4-16.

Swimmers 13-14 and Senior will not receive individual event awards but will instead receive High Points Awards. We will have special high point awards to the top 5 Scoring swimmers in each age group 13-14 and Senior. Points are tracked in the age group in which the event was swum.

PROGRAMS: \$5.00 each. Coach's copies are provided free. Families who purchase a meet program on Friday or Saturday will be able to receive a heat-sheet for Sunday's positive check-in sessions by turning in the front cover of their program. Final results will be posted as a Hy-Tek file on our website within 48 hours of the meet results being approved by Colorado Swimming. Results will posted at www.lovelandswimclub.com

CONCESSIONS: A healthy selection of food and drink will be available at the concession stand.

MEET DIRECTORS: Jim Nickell jimnickell@hotmail.com 970-980-1994
Scott Allen lovelandswimcoach@yahoo.com 970-430-9595

MEET REFEREES: John Bergquist, johnbergquist@hotmail.com

SAFETY DIRECTOR: Paul von der Lippe 970-203-1374

CSI WARM UP PROCEDURES WILL BE ADHERED TO – Warm-up Assignments will be posted at www.lovelandswimclub.com 2 days prior to the meet. There will be a coaches' meeting 15 minutes before the start of warm-up on Friday.

Meet Times:	Session 1	Friday, February 19	Warm-up 4:30 PM	Start 5:35 PM
	Session 2	Saturday, February 20	Warm-up 7:15 AM	Start 8:00 AM
	Session 3	Saturday, February 20	Warm-up 10:45 AM*	Start 11:40 AM*
	Session 4	Saturday, February 20	Warm-up 2:30 PM*	Start 3:25 PM*
	Session 5	Sunday, February 21	Warm-up 7:15 AM	Start 8:00 AM
	Session 6	Sunday, February 21	Warm-up 10:45 AM*	Start 11:40 AM*
	Session 7	Sunday, February 21	Warm-up 2:30 PM*	Start 3:25 PM*

*These are approximate start times for warm-up and competition. Sessions 3 and 6 will begin warm-up within 10 minutes of the conclusion of Session 2 and 5. Sessions 4 and 7 will begin warm-up within 10 minutes of the conclusion of Sessions 3 and 6.

This meet will be pre-seeded for all Saturday and Sunday Sessions except for races 200 yards and longer which require positive check-in.

Teams will be notified on Wednesday, February 12th on more accurate start times based on final team entries.

FRIDAY, FEB 19th, 2010 Session 1**WARM UP 4:30 p.m. – START 5:35 p.m.**

Girls	Session One	Boys
1	11-12 500 Free	2
3	*Open 500 Free**	4

SATURDAY, FEB 20th, 2010 Session 2**WARM UP 7:15 A.M. – START 8:00 A.M.**

Girls	Session Two	Boys
5	10& U 50 Fly	6
7	8 & 25 Fly	8
9	10 & 100 Free	10
11	8 & U 25 Back	12
13	10 & U 200 IM**	14
15	8 & U 25 Breast	16
17	10 & U 50 Breast	18
19	8 & U 25 Free	20
21	10 & U 100 Back	22

SATURDAY, FEB 20th, 2010 Session 3**Warm-up starts 10 minutes after session 2**

Girls	Session Three	Boys
23	12&U 50 Back	24
	14&U 200 Free**	25
26	12&U 200 Free**	27
	14&U 100 Fly	28
29	12&U 100 Fly	30
	14&U 200 Back**	31
32	12&U 200 Back**	33
	14&U 50 Free	34
35	12&U 50 Free	36
	14&U 100 Breast	37
38	12&U 100 Breast	39
40	12 & U 100 IM	41

SATURDAY, FEB 20th, 2010 Session 4**Warm-up starts 10 minutes after session 3**

Girls	Session Four	Boys
42	14&U 100 Fly	
43	Senior 100 Fly	44
45	14&U 200 Free**	
46	Senior 200 Free**	47
48	14&U 100 Breast	
49	Senior 100 Breast	50
51	14&U 200 Back**	
52	Senior 200 Back**	53
54	14&U 50 Free	
55	Senior 50 Free	56
57	Open 400 IM*	58

SUNDAY, FEB 21st, 2010 Session 5**WARM UP 7:15 A.M. – START 8:00 A.M.**

Girls	Session Five	Boys
59	10&U 50 Free	60
61	10&U 100 IM	62
63	8&U 50 Back	64
65	10&U 100 Fly	66
67	8&U 50 Fly	68
69	10&U 50 Back	70
71	8&U 50 Free	72
73	10&U 100 Breast	74
75	8&U 50 Breast	76
77	10&U 200 Free**	78

SUNDAY, FEB 21st, 2010 Session 6**Warm-up starts 10 minutes after session 5**

Girls	Session Six	Boys
79	12&U 50 Breast	80
	14&U 100 Free	81
82	12&U 100 Free	83
	14&U 200 Fly**	84
85	12&U 200 Fly**	86
	14&U 100 Back	87
88	12&U 100 Back	89
	14&U 200 IM**	90
91	12&U 200 IM**	92
	14&U 200 Breast**	93
94	12&U 50 Fly	95
96	12&U 200 Breast**	97

SUNDAY, FEB 21st, 2010 Session 7**Warm-up starts 10 minutes after session 6**

Girls	Session Seven	Boys
98	14&U 100 Free	
99	Senior 100 Free	100
101	14&U 200 Fly**	
102	Senior 200 Fly**	103
104	14&U 100 Back	
105	Senior 100 Back	106
107	14&U 200 IM**	
108	Senior 200 IM**	109
110	14&U 200 Breast**	
111	Senior 200 Breast**	112
113	*Open 1650**	114

* Scored 13-14 and 15 & Over separately

**Events requiring positive check-in